

## **CAL Athletes' Responsibilities and Code of Conduct**

### **ATHLETES MUST:**

- Demonstrate respect for the Roman Catholic Church, its culture, traditions, and rituals.
- Remember that school work must remain the highest priority.
- Understand and abide by the rules and philosophy of the CAL, their Catholic school and the coaches
- Attend all practices and events for the duration of the season unless excused by the coaches.
- Be on time for practices and games and come prepared to play.
- Show respect at all times for the people, property and equipment involved in the CAL athletic program. This includes teammates, coaches and referees and your opponent.
- Do not argue with the officials. The head coach should be the only person talking with the officials. If you have an issue, discuss it with your coach.
- Practice good sportsmanship with the players and coaches from the opposing team. Win or lose.
- Remember to have fun. It is a game.

### **ACKNOWLEDGE AND AGREED TO:**

Athlete's Name (Print): \_\_\_\_\_

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_